



There is no shortage of material on the bookstore shelves on a variety of topics related to leadership, change, money, relationships, and life in general. Below is a brief list of some of the books in my collection that I have found helpful in my own business and personal life and in supporting the work of my clients. I always appreciate recommendations, so please share your favourite titles with me.

### **Leadership/Leading Change/Experiencing Change**

Arrien, A. (1992). *The four-fold way: Walking the paths of the warrior, teacher, healer, and visionary*. San Francisco: Harper San Francisco. (ISBN: 0062500597)

Bridges, W. (1980). *Transitions: Making sense of life's changes* (strategies for coping with the difficult, painful, and confusing times in your life). Perseus Books Publishing. (ISBN 0201000814).

Connor, D. R. (1993). *Managing at the speed of change: How resilient managers succeed and prosper where others fail*. New York: Villard Books. (ISBN: 0679406840)

Collins, J. C., Porras, J.I. (1997). *Built to last: Successful habits of visionary companies*. New York: HarperCollins. (ISBN: 0887306713)

Collins, J.C. (2001). *Good to great: Why some companies make the leap and others don't*. New York: HarperCollins Publishers. (ISBN: 0066620996)

### **Systems Theory**

Benyus, J. M. (1997). *Biomimicry: innovation inspired by nature*. New York: HarperCollins Publishers. (ISBN: 0060533226)

Capra, F. (1996). *The web of life: A new scientific understanding of living systems*. New York: Anchor Books. (ISBN: 0385476760)

Oshry, B. (1995). *Seeing systems: unlocking the mysteries of organizational life*. San Francisco: Berrett-Koehler Publishers. (ISBN: 1881052990)

Wheatley, M. J. (1999). *Leadership and the new science: Discovering order in a chaotic world* (2<sup>nd</sup> ed.). San Francisco: Berrett-Koehler. (ISBN: 1576750558)

### **Interpersonal Relationships/Communications**

Gilbert, R. M. (1992). *Extraordinary relationships: A new way of thinking about human interactions*. Minneapolis, MN: Chronimed Publishing. (ISBN: 1565610083)

Goleman, D. (1998). *Working with emotional intelligence*. New York: Bantam Books (ISBN: 055310424)

Miller, S., & Miller, P.A. (1997). *Core communications: Skills and processes*. Evergreen, CO: Interpersonal Communication Programs. (ISBN: 0917340221)

Stone, D., Patton, B., & Heen, S. (1999). *Difficult conversations: How to discuss what matters most*. New York: Penguin USA. (ISBN: 014028852X)

Williamson, D. S. (1991). *The intimacy paradox: Personal authority in the family system*. New York: Guildford Press. (ISBN: 0898621062)

### **Money/Finances**

Twist, L. (2003). *The soul of money: transforming your relationship with money and life*. New York: W.W. Norton & Company. (ISBN: 0393050971)